# Bias Reduction in Scientific Peer Review (BRISPR)

Webinar for the Health Research Alliance
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# Underlying premise

- Peer review to determine what research gets funded is valuable
- The goal of peer review within HRA organizations is to recognize great, transformative science that will lead to improvements in human health
- Question: So what's the problem?
- Answer: We're all human

### Reviewers have explicit scientific biases

- Believe certain methods are better than others
- Prefer some measurement or analytic techniques
- Like some randomization schemes better than others
- Hold opinions about the value of discovery vs. clinical research

# BRISPR addresses implicit biases

- 1. Stereotypes about any group exist and we know them even if we don't believe them; e.g., *race, ethnicity, gender, academic institution, geographic location*
- 2. Just knowing stereotypes creates *bias habits* that *distort perception of objective information* and can influence the review of a grant application
- 3. A *trivial piece of information* activates the entire stereotype
- 4. It takes more than good intentions to break *bias habits*

## Bias habits distort perceptions of objective data...

- Judges heard music played by men and women differently until musicians' identities were obscured Goldin & Rouse, 2000
- When listening to same recording, students heard more accented English when viewing picture of Asian vs. White instructor Rubin, 1992
- 23 experimental studies found male applicants evaluated more positively for employment in high status positions than identical female applicants *Isaac et al.*, 2009
- Identical research text was rated lower, found to have more errors, and generated more negative comments when participants thought the author was Black vs. White Reeves, 2014

#### BRISPR study research questions:

- Does participating in a bias habit-reducing intervention influence reviewers':
  - Awareness of personal bias
  - Proximal measures of behavioral change (motivation, selfefficacy, outcome expectations)
  - Self-reported action (using bias-reducing strategies during grant review)
- Are virtually delivered in person sessions comparable to asynchronous passively delivered content?

### General approach

BRISPR is based on the only strategy proven effective in helping change *behavior* in response to bias habits

- "Motivated self-regulation" social psychology
- "Intuitive override" judicial reasoning
- "Breaking the bias habit" our research team

# BRISPR training session design

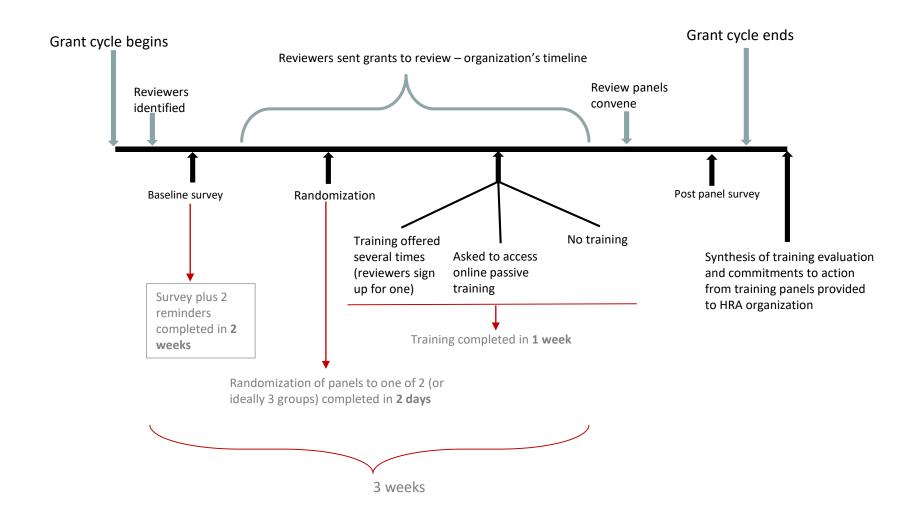
#### Relevant to reviewing grant applications:

- Research on stereotypes and implicit bias (i.e., bias habits)
- Concepts to foster bias literacy ("if you name it, you can tame it!") (e.g., expectancy bias)
- Evidence-based strategies to practice to break the bias habit (e.g., growth mindset)

#### Considerations in study design

- Preliminary HRA survey (24 respondents):
  - Size and no. of panels, and no. of cycles vary widely
- Unit of randomization = panel
- Outcome measure = survey responses
- To detect an effect size of 0.2:
  - 90 review panels for 2 arms (i.e., virtual vs. passive)
  - 135 review panels for 3 arms (i.e., add a no treatment control group = ideal)
- Participant burden vs. effective intervention
  - Trying for 60 min
  - Realistically may be 90 min
- Match research to organization's timeline

## Proposed study design (thank you AHA)



#### Timeline

- BRISPR educational session has been developed
- Training will be piloted this month with UW-Madison reviewers of local grants
- BRISPR session will be revised based on feedback
- Begin recruiting organizations under current R35 Feb, 2021
- R35 renewal to NIH Jan, 2021

# Summary

- 1. Just knowing common stereotypes causes bias habits that might introduce unintended bias in reviewing grants
- 2. It requires active practice of bias reducing strategies to break these bias habits
- 3. We are all working hard to fund research to improve human health and support the careers of talented investigators = Growth mindset!

# Questions?

Please raise the "hand icon" by or use the chat window to ask a question.