

The Catholic church's unholy mess Paul Ryan: the man with the plan Economist **Generation Xhauster** China, victim of the Olympics? On the origin of specie

#### **Microbes maketh man**

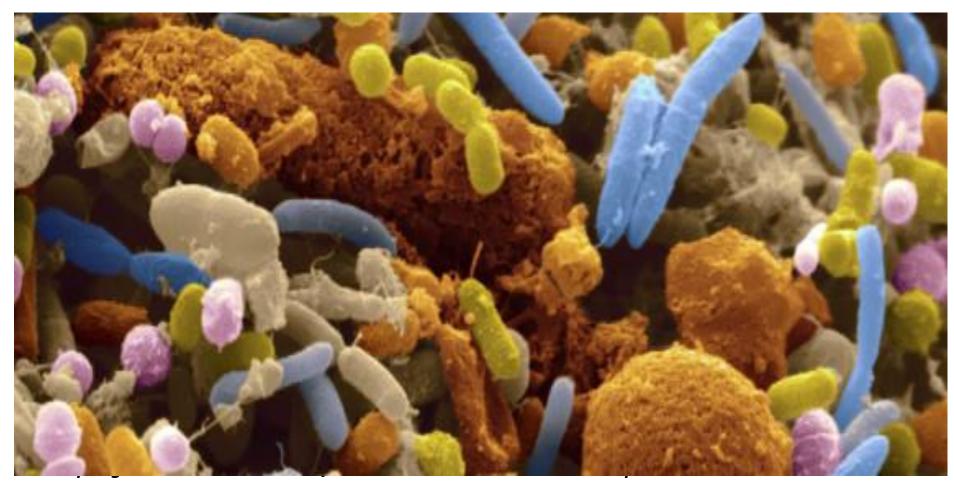
The



MISSING MICROBES

# What are microbes?

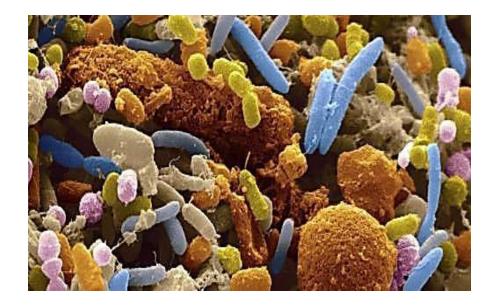
- often used to mean bacteria
- broader meaning: microscopic lifeforms
- many kinds (bacteria, archaea, viruses, bacteriophage, fungi, protozoa)
- ▶ in nature, key principles: <u>don't live alone</u>, <u>interact as communities</u>



## **Society's war against infectious disease**

(bubonic plague, smallpox, scarlet fever, yellow fever, tuberculosis, malaria, diptheria, dysentery, leprosy, typhoid fever...)





#### ~1400 human pathogenic microbes

VS.

~1 trillion microbial species on Earth

doi: 10.1371/journal.ppio.1002533

43%

30 trillion human cells <sup>vs</sup> 39 trillion microbes

1%

100

0

~20,000 human genes vs 2-20 million microbial genes

# What do these microbial genes code for?

Many kinds of vitamins, anti-microbials, anti-inflammatories, neurotransmitters, signaling molecules, host energy sources, etc, etc

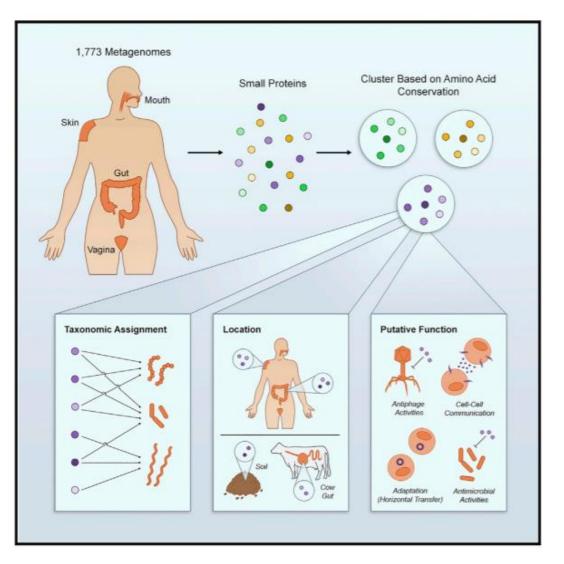
But also, thousands of new-to-medicine microbial proteins...

#### Large-Scale Analyses of Human Microbiomes Reveal Thousands of Small, Novel Genes

Cell

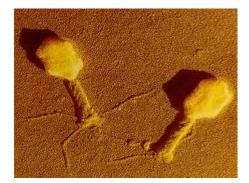
https://doi.org/10.1016/i.cell.2019.07.016

Hila Sberro,<sup>1,2</sup> Brayon J. Fremin,<sup>1</sup> Soumaya Zlitni,<sup>1</sup> Fredrik Edfors,<sup>2</sup> Nicholas Greenfield,<sup>3</sup> Michael P. Snyder,<sup>2</sup> Georgios A. Pavlopoulos,<sup>4,5</sup> Nikos C. Kyrpides,<sup>4,6</sup> and Ami S. Bhatt<sup>1,2,7,\*</sup> <sup>1</sup>Department of Medicine (Hematology; Blood and Marrow Transplantation) and Genetics, Stanford University, Stanford, CA, USA <sup>2</sup>Department of Genetics, Stanford University, Stanford, CA, USA <sup>3</sup>One Codex, San Francisco, CA, USA <sup>4</sup>Department of Energy, Joint Genome Institute, Walnut Creek, CA, USA <sup>5</sup>Institute for Fundamental Biomedical Research, Biomedical Sciences Research Center Alexander Fleming, Vari, Greece <sup>6</sup>Environmental Genomics and Systems Biology Division, Lawrence Berkeley National Laboratory, Berkeley, CA, USA <sup>\*</sup>Correspondence: asbhatt@stanford.edu

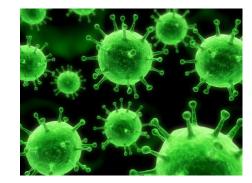


# **Beneficial role(s) of non-bacterial members of microbiome**

#### Bacteriophage

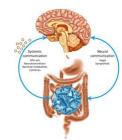


#### **Eukaryotic viruses**

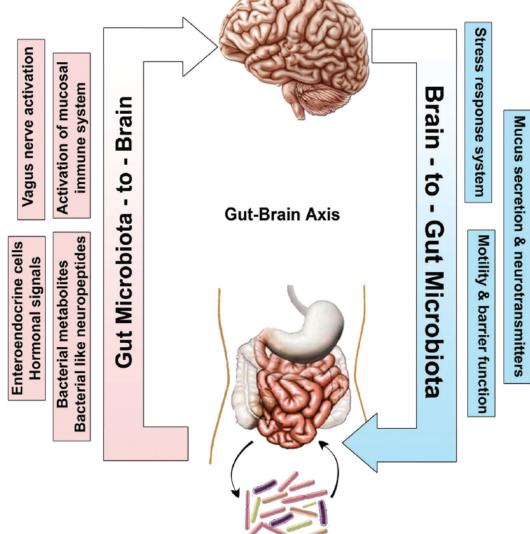


#### Fungi





## **Gut-microbiome-brain axis & human health and disease**



#### Gut microbiota modulate CNS:

- vagus nerve activation
- hormonal system
- immunological system

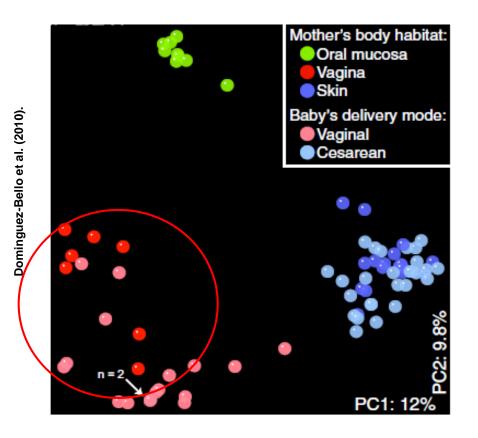
#### Brain-gut-microbiota linkages:

- stress factors
- gut permeability changes
- neurotransmitter release

ex. serotonin synthesis by gut cells depends on gut bacteria doi:10.1016/j.cell.2015.02.047

Neurological/mental conditions: epilepsy, autism spectrum disorders, Alzheimer's, psychiatric disorders, Parkinson's, schizophrenia, Multiple Sclerosis, etc

## Microbiota are acquired anew each generation.

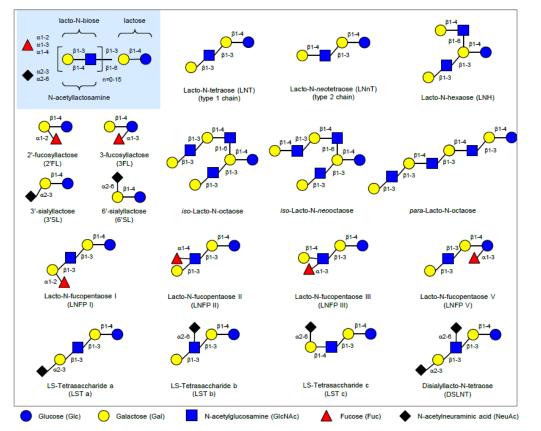


- 1) Infants obtain inoculum from mother or environment.
- 2) Microbial succession over ~1-2 yrs of life.
- 3) Microbiome becomes "adult-like" in ~2-3 yrs of life.

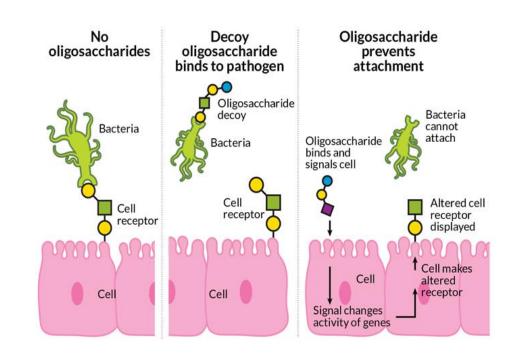
# Human milk oligosaccharides (HMOs)\*:

1) microbial food for the developing microbiome

2) protects against invading pathogens



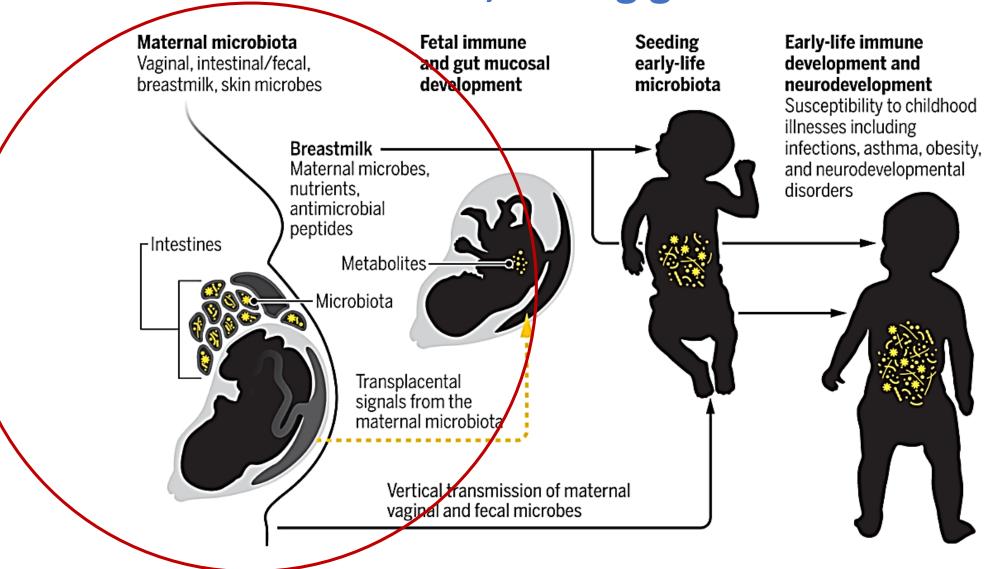
#### 100s of different kinds of HMOs



HMOs as molecular decoys

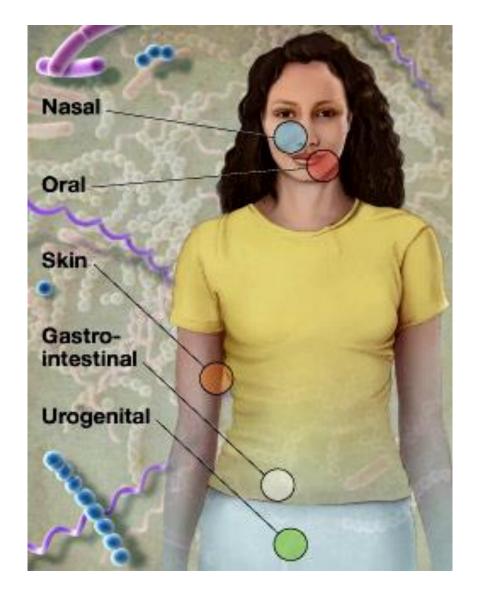
[Breastmilk (per 100 mls): Proteins = 2.5 g, Fats = 5 g and \*HMOs = 0.5 g]

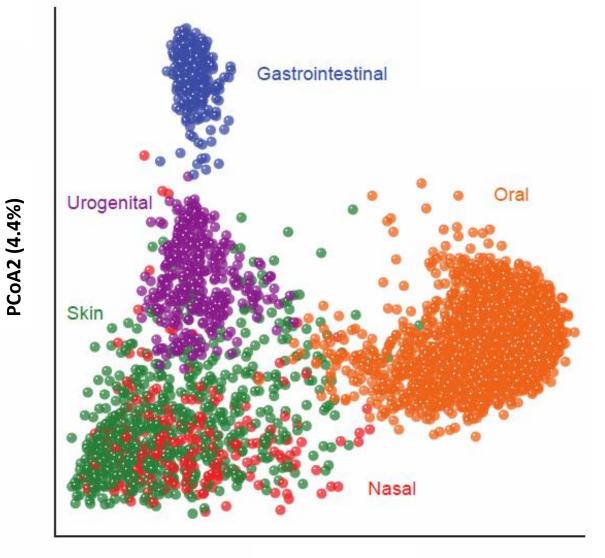
# Does microbiome developmental period start at birth or before, during gestation?



https://science.sciencemag.org/content/365/6457/984.full

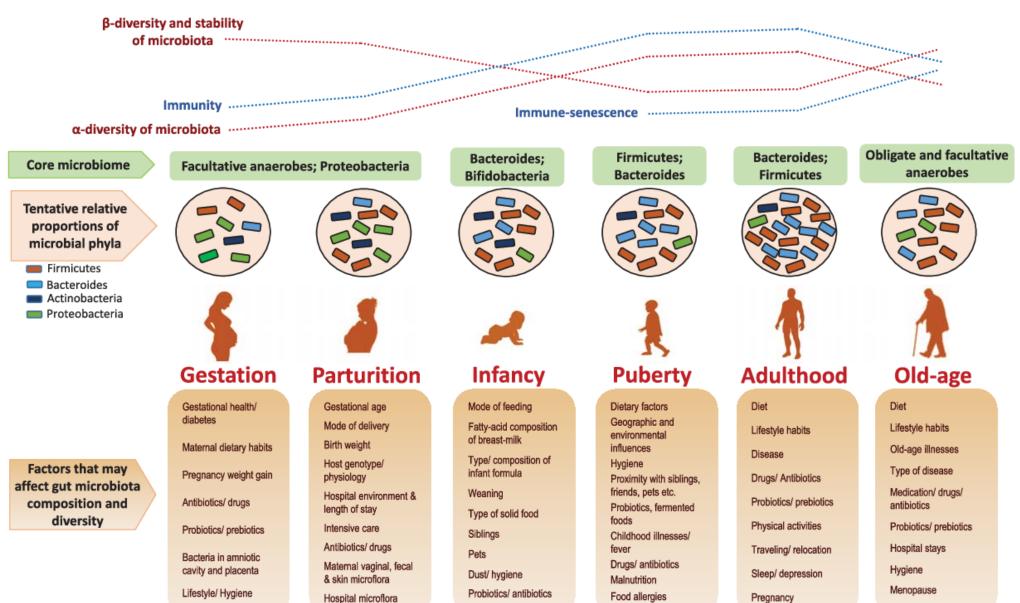
## The human body matures into an ecosystem of microbial habitats.





PCoA1 (13%)

# But the microbiome is mutable and naturally changes over our lifetimes.



### **Timing and Opportunity: Human Microbiome Project**

Late Edition

script that has now been deciphere

25 CENTS



#### The New York Times "All the News New York: Today, afternoon thunder That's Fit to Print" storms, high 88. Tonight, showers end, low 67. Tomorrow, partly cloudy with showers late, high 81. Yesterday, high VOL. CXLIX . . No. 51,432 NEW YORK, TUESDAY, JUNE 27, 2000 Capyright C 1880 The New York Time At beyond the greater time York metropetion area Genetic Code of Human Life Is Cracked by Scientists JUSTICES REAFFIRM The three billio . of the intertwining ... that make up the set of base pairs . double helix of DNA . chromosomes in our cells. have been sequenced. MIRANDA RULE, 7-2; LASE PAIRS Lings between the strands of A PART OF 'CULTURE' C cytonia e double help G quanine T Distributed By LINDA GREENHOUSE WASHINGTON, June 26 - The Justices Antonin Scalia and Clar Sapreme Court reaffirmed the Mi-Tromas cast the dissetting randa decision teday by a 7-to-2 vote By ordering the base units, scientists hope to that erased a shadow over one of the The decision overturned a ruling last year by the federal appeals (ccase the genes and determine their functions. most famous rulings of modern tourt ir Richmond, Va., which held times and acknowledged that the Mithat Congress was entitled to the last randa warnings "have become part of our national culture." word because Miranda's presump tion that a confession was not volu-The court said in an opinion by Francis S. Collins, lary unless preceded by the warn Chief Justice William H. Rehnquist head of the Human Science Times ings was not required by the Constihat because the 1966 Miranda deci-Genome Project, left, with J. Craig "announced a constitutional The decision today -only 14 sage rule," a statute by which Congress · Putting the genome Venter, head of long, iz Chief Justice Rehnquist's had sought to overrule the decision to work. Celera Genomics. typically spare style - brought an was itself unconstitutional. abrupt and to one of the odder ep Some informatio after the announce-Miranta had appeared to be in sodes in the court's recent history, an copardy, both because of that long-

has already paid intense and strangely delayed re research dividends lighting of a previous generation Two research battle over the rights of crimina methods, two results iuspecti. Miranda v. Arizona vas : # From Mendel 10 hallmark of the Warren Court, and Chief Justice Rehnquist, despite hit helix to genome record as an early and tenaciou More articles critic of the decision, evidently diarts and photos e not want its repudiation to be an the genome effort.

ment yesterday that they had finished the first survey of the human genome



2000

red but recently rediscovered

law, by which Congress had tried to

overrule Miranda 32 years ago, and

because of the court's perceived hos-

The chief justice said, though, that

the 1968 law, which replaced the Mi-

test of whether a confession was vol

ustary could be unheld only if the

Sapreme Court decided to overturn

randa warnings with a case-by-case

intorint of his own tenure.

There was considerable drama

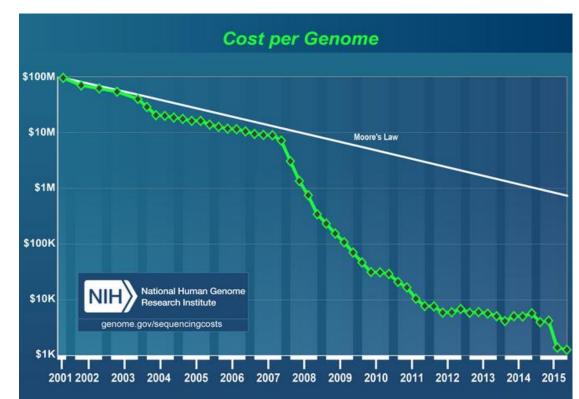
the courtroom today as the chief

titty to the original decision.

- Human genome sequence announced
- Four (4) US Genome Centers
- Sequencing technologies improving
- Cost/genome begins dropping

#### 2006/2007

- NIH Common Fund established •
- Sequence the 'other genome'  ${}^{\bullet}$
- HMP: \$215M, 10-yr program ullet
- Create research toolbox



## Ten-year (FY2007-2016) Human Microbiome Project \$215M to build research 'toolbox' and network



#### **HMP program goals**

#### 1) Develop research resources:

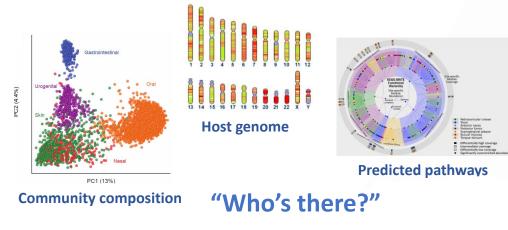
e.g. reference datasets, clinical & analytical methods, statistical & computational tools and pipelines

#### 2) Rapidly release resources:

e.g. public repositories & community databases, HMP Data Analysis Coordination Center (DACC), GitHub & meetings/webinars

### **HMP one**

- Characterize microbiomes
- Correlate with phenotypes



Benchmark Healthy Cohort Study

Demonstration Projects (12)





HMP two collection of papers (3 flagship and ~20 companion) published in *Nature* in 2019

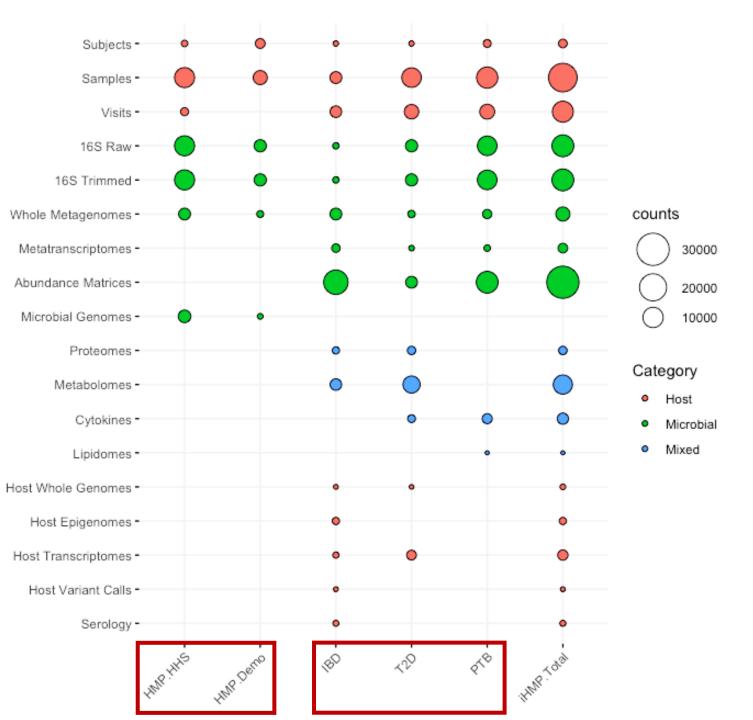
# **HMP research toolbox**

www.hmpdacc.org

HMP one ~10 Tb data (sequence)

### HMP two ~30 Tb data (multi omic)





# Microbiota and host interact to regulate human health.

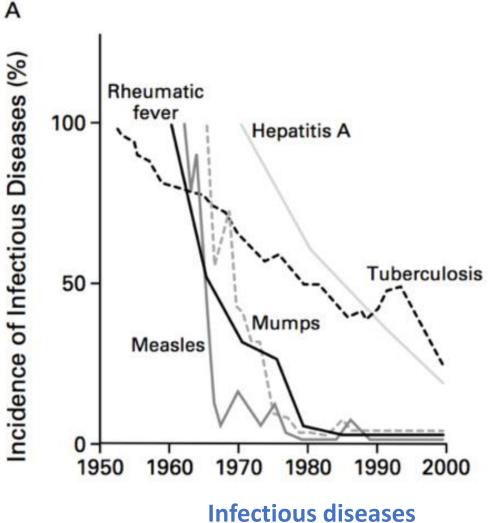
✓ digests the 'indigestables'

(ex. plant material, host cells, mucous)

- ✓ 'educates' the immune system
- ✓ produces energy substrates(ex. SCFAs such as acetate)
- ✓ metabolizes drugs
- ✓ produces beneficial compounds (ex. vitamins, antimicrobials)
- $\checkmark\,$  communicates with the brain
- ✓ regulates organ development/function



# Is the appearance of chronic disease related to changes in the microbiome?

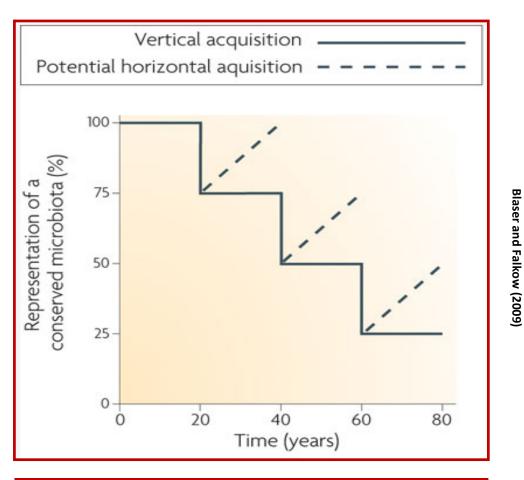


Increase in immune disorders over last ~ 75 yrs

# Is the appearance of chronic disease related to changes in the microbiome?

#### **Contemporary practices:**

Excessive hygiene Caesarean birth Antibiotic overuse Processed foods/additives Formula feeding Hg amalgams Other factors?



Postulated systematic loss of microbiota inocula each generation.

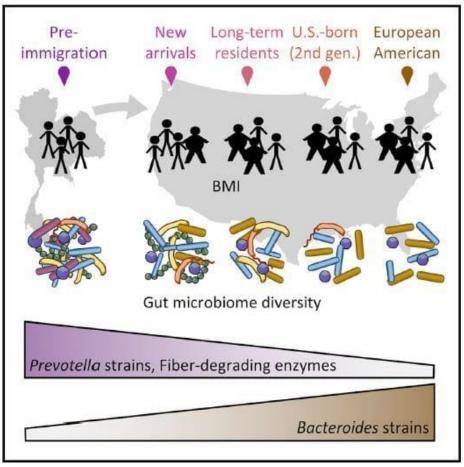


# Microbiome diversity appears to be decreasing across populations and across generations

# Jungle-savanr Rural Urban PCo1 (22.0%)

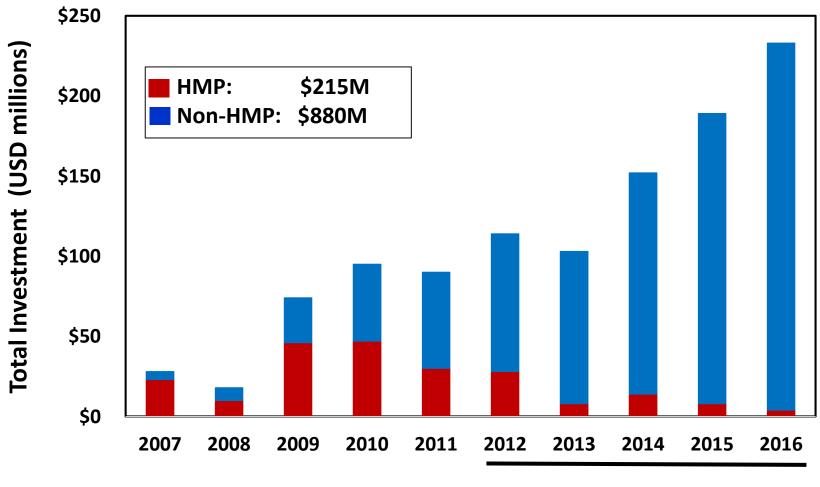
#### across populations

#### across generations



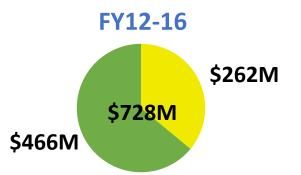
Decreasing gut microbiota diversity

## HMP catalysed human microbiome research at NIH\*



**Fiscal Year** 

\* "A review of 10 years of human microbiome research activities at the US National Institutes of Health, Fiscal Years 2007-2016" NIH Human Microbiome Portfolio Analysis Group. *BMC Microbiome*. doi: 10.1186/s40168-019-0620-y



# Microbiome(s) and disease(s)

#### NIH funds studies in 100+ classes of disease

#### **Neurological/mental:** *epilepsy, Alzheimer's, psychiatric disorders*

GI tract: irritable bowel disease (IBD), ulcerative colitis, Crohn's disease, GERD, necrotizing enterocolitis (NEC)

#### Heart: cardiovascular

diseases



**Cancers:** Hodgkins' lymphoma, liver, gastric esophageal, colorectal, cervical, breast

Lungs: asthma, cystic fibrosis Skin: eczema, psoriasis, acne, rheumatoid arthritis Vagina/Uterus: bacterial vaginosis, preterm birth Liver: non-alcoholic liver disease (NAFLD), alcoholic steatosis

Systemic: Obesity, Type 1 and type 2 diabetes, lupus, multiple sclerosis, autism, etc.

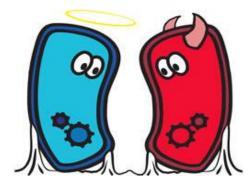
### **Recent advances in human microbiome research** (postulated mechanisms of disease initiation/exacerbation)

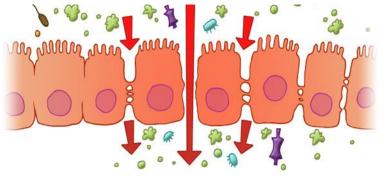
✓ Environmentally-derived microbes (ex. dental caries)

✓ Commensal microbes becoming pathogenic (ex. IBD)

✓ Gut translocation of microbes or microbial products (ex. lupus)







Each mechanism will inform specific interventions.

## Recent advances in human microbiome research (microbiome-based biomarkers for disease risk)

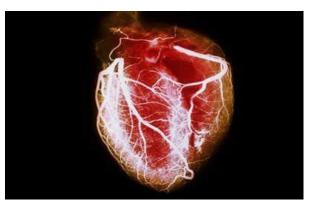
 ✓ Gut bacteria/bacterial metabolites and obesity



 ✓ Bacterial metabolites and cardiovascular disease



 Bacterial epigenetic effects on colorectal cancer

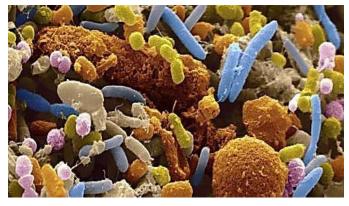


# Recent advances in human microbiome research

(microbiome-based interventions and products)

#### **Microbiome-based therapeutic interventions**

- Fecal microbiota transplantation
- Microbiome-derived microbial consortia
- Live biotherapeutic products
- Therapeutic bacteriophage
- Microbial augmentation of treatment



# Gaps/challenges in human microbiome research



#### model system(s)?

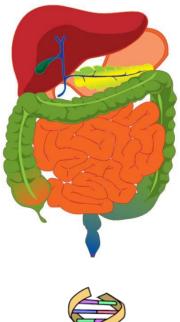


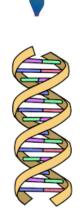
cause or effect?

microbiome = organ system?

interventions for health?

role of host genetics?







### Microbiome Centers (not all focused on human)

#### **36+ Microbiome Centers around the country**



**Microbiome Centers Consortium (MCC) under development:** 

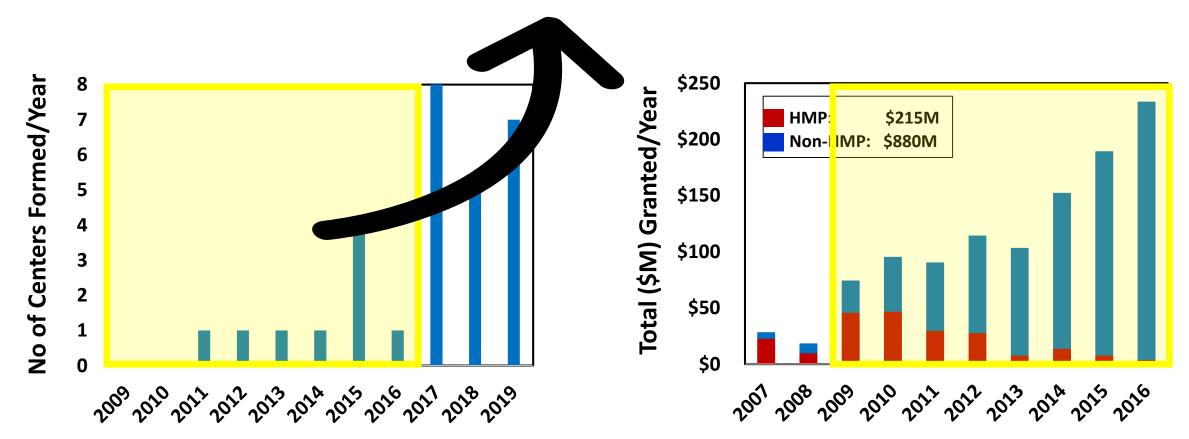
1<sup>st</sup> workshop: UC Irvine, June 25-26, 2019 (white paper upcoming in *Nature Microbiology*)

2<sup>nd</sup> workshop: Univ Chicago, May 16-17, 2020

	University	Director
1	ASU	Garcia-Pichel, Ferran
2	BCM	Petrosino, Joseph
3	CalTech	Newman, Diane
4	Colorado State	Metcalf, Jessica
5	Cornell	Lazzaro, Brian
6	Duke	Rawls, John
7	George Mason	Gillevet, Patrick
8	John Hopkins	Sears, Cynthia
9	LBNL	Brodie, Eoin
10	Med College Wisconsin	Salzman, Nita H.
11	MIT & Mass General	Alm, Eric
12	Northern Arizona Univ	Caporaso, Greg
13	PNNL	Jansson, Janet
14	Penn State	Bull, Carolee
15	Rutgers	Blaser, Martin
16	Stanford	Sonnenburg, Justin
17	SUNY Buffalo	Genco, Robert
18	UC Berkeley	Brodie, Eoin
19	UC Davis	Eisen, Jonathan
20	UC Irvine	Martiny, Jennifer
21	UCLA	Jacobs, Jonathan
22	UC Riverside	Sachs, Joel
23	UC San Diego	Knight, Rob
24	Univ Chicago	Gilbert, Jack
25	UConn - Storrs	Maas, Kendra
26	Univ Hawaii	McFall-Ngai, Margaret
27	UMass Med - Worcester	McCormick, Beth
28	Univ Michigan - Ann Arbor	Schmidt, Tom
29	Univ Oregon	Bohannan, Brendan
30	Univ Penn	Baldassano, Robert N.
31	Univ Pittsburgh	Morris, Allison
32	Univ Toledo	Vijay-Kumar, Matam
33	Univ Washington	DePaolo, William
34	Univ Wisconsin	McMahon, Katherine
35	Vanderbilt	Bordenstein, Seth
36	Yale	Jacobs-Wagner, Christine



# Growth of Microbiome Centers (not all focused on human)



Growth of microbiome research and centers has just begun.













Templeton



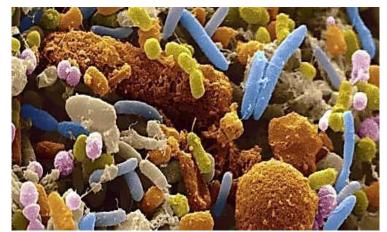
JAMES S. MCDONNELL FOUNDATION

KAVL

Fondation

Leducq

### How can HRA engage?



LIPEDEMA

Help Us Solve

The Cruel Mystery

FOUNDATION OF AMERICA

MT. SINAI

HEALTH CARE FOUNDATION

NYSCE

na New York Jorn Cell Faraddaia Josearch Institut

U?US

MARCH

OF DIMES

FOUNDATION

ema.ord

LEUKEMIA &

lighting blood cancers

LYMPHOMA SOCIETY

LUNGEVITY

LYMPHOMA

RESEARCH - FOUNDATION

Melanoma

**Research Alliance** 

NEUROENDOCRINE TUMOR

RESEARCH FOUNDATION

T

LUNG CANCER

RESEARCH

FOUNDATION

LUPUS

Health Resources in Action\*

PSORIASIS

**Parkinson's** 

Foundation

FOUNDATION

RESEARCH

ALLIANCE





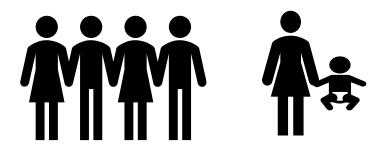
# I. Create National Microbiome Cohort Registry

Pubertv

Adult

Infancy

1. Create a cohort registry for ongoing and upcoming cohort studies which could incorporate a microbiome component.

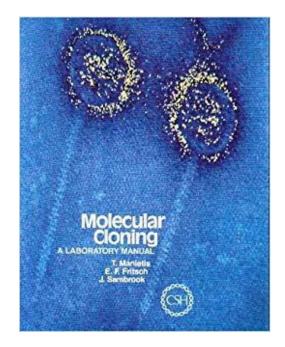


2. Establish a stool/tissue biobank from cohort studies which already include a microbiome component.



### II. Spearhead Standardization Efforts for Microbiome Datasets

- microbiome standards (mixed DNA, proteins stds)
- technology comparisons
- cross-lab blinded 'round robins'
- 'Maniatis-style' manual of microbiome methods





# Goal: curation of gold-standard publically-accessible clinical research datasets

'Rosetta Stone' for the microbiome

**III. Support Microbiome Technology Development & Innovation** 

#### Analytical

- blood microbiome protocol
- room temp protocols for tissue collection/storage
- *in situ* sampling device for gut microbiome
- HTP cultivation of novel microbes
- HTP analysis of novel microbial products



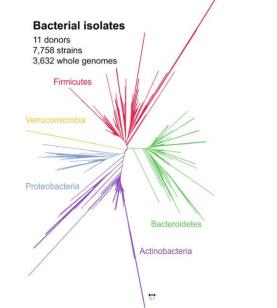
#### **IV. Build Microbiome-Based Isolate and Microbial Products Resource**

#### medicine

Resource | Published: 02 September 2019

A library of human gut bacterial isolates paired with longitudinal multiomics data enables mechanistic microbiome research

M. Poyet, M. Groussin, S. M. Gibbons, J. Avila-Pacheco, X. Jiang, S. M. Kearney, A. R. Perrotta, B. Berdy, S. Zhao, T. D. Lieberman, P. K. Swanson, M. Smith, S. Roesemann, J. E. Alexander, S. A. Rich, J. Livny, H. Vlamskin, G. Click, K. Bulleck, A. Deile, K. Statter, K. A. Bierre, R. J. Xavier 📽 & E. J. Alm 🏁

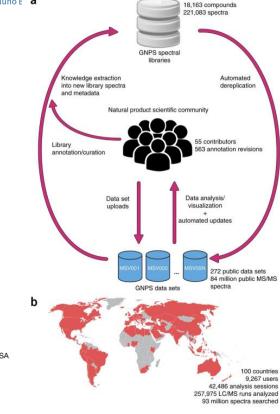


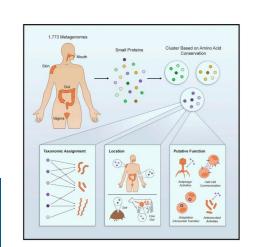
#### Perspective | Published: 09 August 2016

Mingxun Wang, Jeremy J Carver [...] Nuno E a

Sharing and community curation of mass spectrometry data with Global Natural Products Social Molecular Networking

nature biotechnology

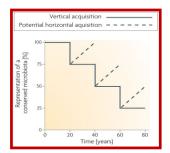




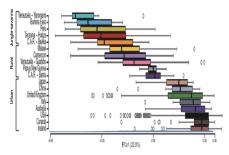
#### Large-Scale Analyses of Human Microbiomes Reveal Thousands of Small, Novel Genes

Cell

Hila Sberro,<sup>1,2</sup> Brayon J. Fremin,<sup>1</sup> Soumaya Zlitni,<sup>1</sup> Fredrik Edfors,<sup>2</sup> Nicholas Greenfield,<sup>3</sup> Michael P. Snyder,<sup>2</sup> Georgios A. Pavlopoulos,<sup>4,5</sup> Nikos C. Kyrpides,<sup>4,6</sup> and Ami S. Bhatt<sup>1,,2,7,\*</sup> <sup>1</sup>Department of Medicine (Hematology; Blood and Marrow Transplantation) and Genetics, Stanford University, Stanford, CA, USA <sup>2</sup>Department of Genetics, Stanford University, Stanford, CA, USA <sup>3</sup>One Codex, San Francisco, CA, USA <sup>3</sup>One Codex, San Francisco, CA, USA <sup>3</sup>Department of Energy, Joint Genome Institute, Walnut Creek, CA, USA <sup>5</sup>Institute for Fundamental Biomedical Research, Biomedical Sciences Research Center Alexander Fleming, Vari, Greece <sup>6</sup>Environmental Genomics and Systems Biology Division, Lawrence Berkeley National Laboratory, Berkeley, CA, USA <sup>7</sup>Lead Contact \*Correspondence: asbhatt@stanford.edu https://doi.org/10.1016/j.cell.2019.07.016



V. Develop a Global Microbial Isolate Vault



Svalbard Global Seed Vault

#### MICROBIOLOGY

# Preserving microbial diversity

Microbiota from humans of all cultures are needed to ensure the health of future generations

*By* Maria G. Dominguez Bello<sup>1</sup>, Rob Knight<sup>2</sup>, Jack A. Gilbert<sup>3</sup>, Martin J. Blaser<sup>4</sup> 5 OCTOBER 2018 • VOL 362 ISSUE 6410 SCIENCE sciencemag.org

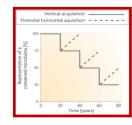
#### Support to date:

Rutgers University, Karolinska Institutet, Seerave Foundation, Norweigian Institute of Public Health, New England Biolabs, Kiel Life Science, Calonste Gulbenkian Foundation

#### *M* Feasibility study currently underway







1. Thousands of different kinds of microbial species\*, possessing millions of genes, known as the microbiome or metagenome, live with humans.

<b>Body region</b>	Abundance (approx.)	
Breastmilk	~10e3-6	
Lungs	~10e3-5	
Vagina	~10e8-9	
Skin	~10e9-10	
Oral	~10e10-11	
GI tract	~10e14	

\*bacteria, fungi, viruses, phage, archaea, protozoa, (helminths)



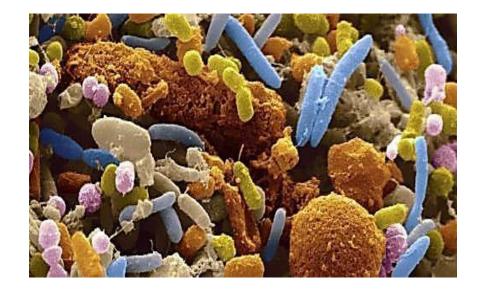
2. The microbiome develops like an organ system over first few years of life and maintains our immune system and our organs throughout our lifetimes.



3. Changes in the microbiome due to modern practices may be associated with disease and the role of the microbiome is now being studied in 100+ disease classes.

4. HRA cross-cutting initiatives could involve a. developing research resources, b. creating cohort registries,
c. building stool/tissue biobanks, d. funding technology development and innovation, e. supporting standardization activities (and so on) to catalyse microbiome research and treatments.

# **Questions?**



lita.proctor@nih.gov